

2020

CAADS FALL CONFERENCE
ADULT DAY SERVICES:
**EXCEEDING
THE VISION**



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CA Association for Adult Day Services
COMMUNITY | CONNECTION | CHOICE

November 17-19, 2020
VIRTUAL CONFERENCE



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COMMUNITY | CONNECTION | CHOICE

ADULT DAY SERVICES: EXCEEDING THE VISION

2020 has brought many changes. Not only changes in how Adult Day Services are delivered, but how CAADS Fall Annual Conference will be conducted. We are excited to announce our first virtual conference that will be conducted online, from the comfort of your own computer. However, what has not changed is the fabulous information-filled content we are here to provide to pursue learning and sharing among Adult Day Services colleagues, Managed Care partners, California state regulators and others who make our work possible.

Current and Prospective Providers:

- ADHC/CBAS (medical model)
- ADP (non-medical model)
- Regional Center Vendorized Programs
- Those still undecided and curious

New & Seasoned Providers:

- Owners & Executive Leaders
- Administrators
- Program Directors
- Nurses & Nurse Assistants
- Social Workers, LCSWs & LMFTs
- Activity Leaders
- Other Team Members

Managed Care Health Plan Staff:

- CBAS & LTSS Managers
- Nurses & Care Coordinators
- Member Services Representatives

2020 CONFERENCE PLANNING GROUP

CAADS EDUCATION COMMITTEE

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CONFERENCE INFORMATION

GENERAL INFORMATION

Upon registering for the conference, depending on the package you select, CAADS will send you a confirmation email to include links to each presentation for the day(s) you are registered for. It is IMPORTANT that each attendee registers with their own, unique email address in order to join each session. CAADS will use the GoToWebinar playform (this is CAADS standard format) for the Virtual Fall Conference. If you have any questions or concerns, reach out to CAADS Education and Events Manager, Pam Amundsen, at pam@caads.org.

CAADS MEMBERS SAVE!

You need NOT be a CAADS Member to attend; however, membership has its benefits! Only Members get:

- Discounted registration rates
- Access to Members Only Meeting on Tuesday, November 17
- Discount for multiple attendees

Learn more about CAADS and how membership will benefit you. Visit our website at www.caads.org or reach out to CAADS Director of Membership and Communications, Danielle Hanlon, at danielle@caads.org.

CERTIFICATE OF PARTICIPATION

You will receive a Certificate of Participation post conference by email for each session you participated in.

SUBSTITUTIONS, CANCELLATIONS, REFUNDS

Substitutions will be accepted with advance notice to CAADS by emailing pam@caads.org by November 13, 2020. No registration package can be split or shared among multiple substitutes.

Cancellations must be made in writing by 5:00 PM, October 21, 2020, to receive a refund, less a \$50 Registration Cancellation Fee. All cancellations must be in written format to be valid and emailed to pam@caads.org.

Refund requests will be reviewed and processed after the conference. Refunds will not be granted if you attend a portion of the event, send a substitute, or fail to cancel in writing by October 21, 2020. No exceptions. After October 21, 2020, NO REFUNDS will be granted.

MEMBER REGISTRATION RATE

To qualify for the Member Rate, your center/organization must be a CAADS Member in good standing. Employees from the same physical site address as the member center/organization are eligible for the Member Rate. Consultants are not employees.

Each registrant must register with their own, unique email address in order to join each session. CAADS will use GoToWebinar (this is CAADS standard format) for the Virtual Fall Conference.

CONTINUING EDUCATION (CE)

See CE Order Form for specific CE approved courses for your license. CE processing fees apply for each course for which you would like to receive a CE Certificate. Your CE Certificate will be emailed to you 4-6 weeks post conference.

CAADS CE Fees Per Session:

- By October 21:
\$15 Members | \$30 Non-members
- By November 4:
\$25 Members | \$40 Non-members
- By November 13:
\$35 Members | \$50 Non-members

To purchase CE credits, check the appropriate box on the Continuing Education order form. If you need CE credit from a board not listed below, or you are an out-of-state provider, contact that licensing board to verify acceptability before ordering CEs. No refunds for CEs.

CAADS is a Continuing Education provider for: California Board of Registered Nursing (BRN)

CE Provider Number 11021 for the stated contact hours.

- Registered Nurse (RN)
- Licensed Vocational Nurse (LVN)

California Association of Marriage and Family Therapists (CAMFT)

CAADS is approved to sponsor continuing education and maintains responsibility for this program/course and its content.

Course meets the qualifications for 10 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

CE Provider Number 69718.

- Licensed Marriage and Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Educational Psychologist (LEP)

California Board of Occupational Therapy (BOT)

CE Provider Number not required.

- Occupational Therapist (OT)

California Department of Social Services, Community Care Licensing Division (CDSS-CCLD)

CE Provider Number not required.

- Adult Day Program Administrator and Staff

ANTI-DISCRIMINATION POLICY STATEMENT

CAADS does not tolerate nor engage in discrimination against any individual or group with respect to any service, program or activity based on gender, race, creed, national origin, sexual orientation, religion, age, disability, or other prohibited basis.

CONFERENCE SCHEDULE

Tuesday, November 17, 2020

9:00 AM-12:00 PM

CAADS and ALE Annual Membership Meeting

(Open to Members Only) [No CE Hours]

Christin Hemann, MAG, Executive Director, CAADS

Stephanie Wilson, President, Alliance for Leadership and Education (ALE), Program Director, Triple 'R' Adult Day Programs

Kathleen Kolenda, President, CAADS, Vice President Adult Day Services, Easterseals Southern California

Jill Sparrow, Chief, CBAS Branch, CDA

Seton Bunker, Chief of the Policy and Process Management Bureau, CDSS

Claire Matsushita, Assistant Program Administrator, CDSS

Maricris Acorn, Deputy Director, Federal Programs, CDSS (invited)

Exclusive to CAADS members, this is an interactive session filled with fresh information and updates from CAADS and ALE leadership and our partners at the CA Department of Aging (CDA), CA Department of Social Services (CDSS) and CA Department of Developmental Services (CDSS).

1:00 PM-2:30 PM

SESSION 1 – Sensitivity: An Empathetic Approach

[1.5 CE Hours RN, LMFT, LCSW, CCL, OT]

Dr. Thomas Pomeranz, EdD, Universal LifeStiles, LLC

This thought provoking and inspiring Keynote Address provides attendees with insight as to how language, voice intonation, accessibility, touch, humor, voice volume and more, are the keys to opening the door to respectful interactions. Dr. Pomeranz will detail the linkages between: knowledge/experience – beliefs/attitudes and their resulting influence on our behavior when interacting with individuals with disabilities. In addition the subtleties in our behavior that differentiate empathy from sympathy are explored.

This session provides attendees with an extensive variety of best practice approaches promoting “sensitive” ways of behaving when interacting with people with disabilities. Attendees will be able to: use appropriate terminology, practice disability-related etiquette, feel comfortable with including people with disabilities in their job and social relationships, demonstrate how to relate and communicate with people with disabilities, be appreciative of the abilities of people with disabilities and explain to others the techniques and strategies to use when interacting with people with disabilities.

Learning Objectives: After this session, attendees will be able to:

- Explain the relationship between emotional connectivity and sensitivity
- Discuss the relationship between “The Revered,” “Us,” and “Outsiders”
- Demonstrate each of the sensitivity characteristics represented in the acronym “RESPECT”
- Identify sensitivity indicators and their importance

3:00 PM-4:30 PM

SESSION 2 – Advance Care Planning During a Pandemic

[1.5 CE Hours RN, LMFT, LCSW, CCL, OT]

Shirley Otis-Green, MSW, MA, ACSW, LCSW, OSW-C, FNAP, Founder and Consultant, Collaborative Caring

Advance Care Planning (ACP) is the process of communication between a patient, family and clinicians to foster understanding about illness and prognosis in order to clarify treatment preferences, identify a surrogate, and develop goals for care in serious illness and near the end of life. ACP conversations are designed to achieve an outcome that is best suited to the patient and the family and is acceptable to medical standards of care.

This presentation explores how advance care planning conversations lay the foundation for person-centered, family-focused, culturally-congruent care. We'll share resources and strategies to engage more confidently in these conversations while considering a range of advocacy and leadership opportunities needed during this time of systemic crisis.

Learning Objectives: After this session, attendees will be able to:

- Understand the importance of Advance Care Planning (ACP) during a time of system crisis
- Understand the importance of ACP for quality person-centered, family-focused, culturally-congruent care
- Reflect upon advocacy and leadership opportunities

Wednesday, November 18, 2020

10:00 AM-11:00 AM

SESSION 3 – Safeguarding Adult Day Service Communities Before, During, and After Disasters

[1 CE Hour: RN, LMFT, LCSW, CCL]

L. Vance Taylor, Chief, Office of Access and Functional Needs, California Governor's Office of Emergency Services

Understanding the inequities of how disasters can affect communities, California established the Office of Access and Functional Needs (OAFN) within the California Governor's Office of Emergency Services (Cal OES). In this presentation, Mr. Taylor will share how California's inclusive planning model has been leveraged in response to the COVID-19 pandemic and the state's historic wildfires.

This course will outline best practices centers can use to further their planning/response processes, efforts, and inclusive initiatives.

Learning Objectives: After this session, attendees will be able to:

- Empower themselves with the knowledge needed to create more inclusive emergency operation plans
- Increase their understanding regarding whole community considerations
- Be better equipped to partner with their disability stakeholders
- Broaden their perspective about inclusive emergency management

CONFERENCE SCHEDULE (continued)

1:00 PM-2:00 PM

SESSION 4 – CDSS COVID-19 Support for Adult Day Programs and Updates

[1 CE Hour: CCL]

Seton Bunker, LCSW, Chief, Policy and Process Management Bureau, Community Care Licensing Division, California Department of Social Services (CDSS)

Claire Matsushita, MSW, Assistant Program Administrator, Adult and Senior Care Program, CDSS

This session will discuss the latest Provider Information Notices giving guidance to licensees on COVID-19 issues. CDSS will also provide updates to Inspection Tool Pilot, regulations and statutes.

Learning Objectives: After this session, attendees will be able to:

- Understand the latest guidance on COVID-19
- Understand the status of the adult facilities Inspection Tool Pilot
- Understand the status of regulation changes and new statutes

2:30 PM-4:30 PM

SESSION 5 – Translating CBAS TAS Policy into Practice: Doing and Documenting

[1.5 CE Hours: RN, LMFT, LCSW]

Jill Sparrow, Chief, California Department of Aging (CDA), Community-Based Adult Services (CBAS) Branch

Leigh Witzke, Nurse Evaluator, CDA, CBAS Branch

Denise Peach, Retired Chief, CBAS Branch

Renee Nashtut, CEO & Founder, TurboTAR, Inc.

This course will provide training on translating CBAS Temporary Alternative Services (TAS) policies into practice, using specific documentation examples and “Best Practices.”

Presenters will review the basics of CBAS TAS policy requirements for services, staffing and documentation, so that providers, CDA, and managed care plans can clearly identify the following:

- Provision of required TAS services including weekly COVID-19 screening and risk assessment, and an ongoing assessment of existing and emerging health needs to keep CBAS participants well/stable
- Required and adequate staffing to provide TAS services to meet the needs of the number of CBAS participants served, and who function within their scope of practice, qualifications, abilities

Attendees will have the opportunity to clarify CBAS TAS policy requirements and ask questions. Come ready to participate!

Learning Objectives: After this session, attendees will be able to:

- Identify CBAS TAS policies for required services, staffing and documentation identified in All Center Letters (ACLs) 20-06, 20-07 and 20-09
- Write clear and complete Quarterly Progress Notes and Individual Plan of Care (IPC) Boxes 15 and 16 that include all the information required in ACL 20-09

Background for Session 5

In response to COVID-19, Governor Newsome signed an Executive Order in March 2020 prohibiting congregate services. The CBAS Program had to adapt quickly to be able to determine how to provide non-congregate services in-center, in-home and/or telephonically while following public health protocols to keep CBAS staff and participants safe in a pandemic.

CDA, in collaboration with the Department of Health Care Services (DHCS) and in partnership with CAADS and ALE, developed CBAS TAS policies to enable CBAS providers to address the needs of their CBAS participants in this ever-changing environment which requires continuous learning, adapting and training.

Thursday, November 19, 2020

10:00 AM-11:30 AM

SESSION 6 – Beyond the Basics: Providing and Implementing Creative & Innovative Activity Programs to Utilize Now and in the Future

[1.5 CE Hours: RN, LMFT, LCSW, OT]

Laurie Kjar-Reiss, CTRS, and **Cathy Allen**, CTRS

This session will provide attendees with fun, creative and innovative programs that can be done virtually or in person along with adaptations that can be used to make activity programming meaningful and ensure it enhances the physical, mental, and psychosocial well-being of each participant. Attendees will learn various multi-level activity programs to offer participants that are designed to maintain the highest attainable social, physical and emotional functioning now and in the future.

Learning Objectives: After this session, attendees will be able to:

- Develop and implement a variety of fun, creative, challenging and innovative activity programs that can be provided individually, in a group, and/or virtually to enhance the participant's quality of life
- Know how to develop multi-level programs to maintain the participant's highest level of functioning
- Understand the impact of COVID-19 on the physical, mental, and psychosocial well-being of each participant
- Gain a variety of resources for out-of-the-box programs that can be used virtually or in person

CONFERENCE SCHEDULE (continued)

1:00 PM-2:30 PM

SESSION 7 – Working Remotely with Caregivers

[1.5 CE Hours RN, LMFT, LCSW, CCL, OT]

Speaker To Be Announced, Family Caregiver Alliance

Family caregivers provide a majority of care in the home to older adults and adults with disabilities. More and more, they are providing increasingly complex care due to co-occurring conditions and the high rate of dementia. Family caregivers can often experience negative effects on their physical and emotional health because of the challenges related to caregiving. Additional stressors and challenges caused by the COVID pandemic have exacerbated the impact of caregiving. This presentation will help centers understand the needs of caregivers, how to support them, and how collaborating with caregivers can improve the well-being of program participants.

Learning Objectives: After this session, attendees will be able to:

- Understand and identify factors that contribute to caregiver stress and burnout during COVID and how this impacts those receiving care
- Identify unique concerns for diverse caregiver populations
- Learn how to assess caregiver needs, particularly for those providing complex care
- Identify community resources that support family caregivers, that can include evidence-based programs



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To change the way the world defines and views disability by making profound, positive differences in people's lives every day.

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- We serve 13,000+ people with developmental disabilities & other special needs
- 2,600 employees
- 60+ service sites
- Service area includes LA, OC, San Diego, Imperial, Kern, San Bernardino, Riverside, Ventura, Santa Barbara, San Luis Obispo Counties.

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- Autism Therapy Services
- Child Development Services
- Adult Day Services
- Living Options
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